# Carly's Educational Journey

By Carly Sutherland

### 2016 Nursing Career Path

• I always knew that one day I wanted a career focussed on helping people. Considering this, I thought becoming a nurse would be the right career path so I applied to the Nursing program at TRU. It wasn't until an incident that occurred the Summer before my first year of University when I realized Nursing school was not the right career path for me. My friend at the time injured herself while cliff jumping at Lynn Canyon in Vancouver and she had to be taken to the hospital. While at the hospital with my friend, I was exposed to another patient who was bleeding a lot and I fainted at the sight of his blood. This experience forced me to reflect on my personality traits and made me realize Nursing was not the right career for me.



#### 2016-2017 Business Classes

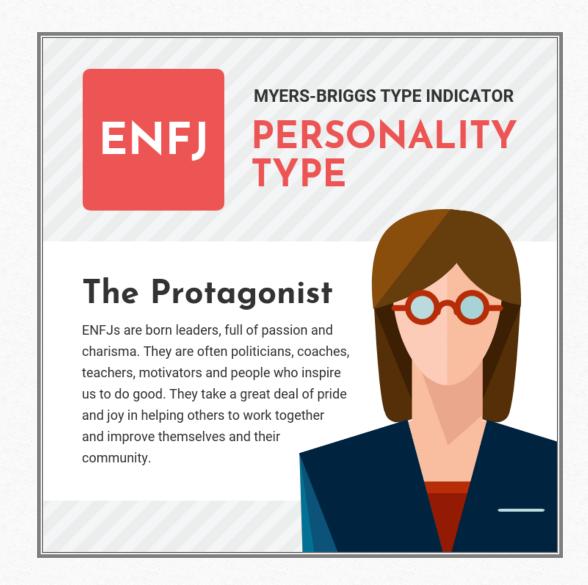
The two red paths represents the nursing career path and the business career path. The green path represents the teaching career path.

• In my first year of University, I took business courses because I didn't know what else to do. This experience was another huge eye-opener for me as I ended up strongly disliking every course, failed 2 courses, and once again realized I was going down the wrong career path. This experience forced me to reflect on who I am, what strengths I have, and what I enjoy doing in life. This experience was an important part of my journey as it led me to take the Myers-Briggs Personality Test to find out what career best matched my personality.



#### 2017 Myers-Briggs Test Result

• After realizing business was not the right career path for me, I took the Myers-Briggs personality test and got ENFJ (extraverted, intuitive, feeling, judging) as my result. The career that best matches this personality is teacher and this was the exact moment I realized this was the perfect career for me as I always knew I wanted a career in helping people and I love kids. Taking this personality test was a huge part in my journey as it was the first time I knew that I wanted to become a teacher.



#### 2018 Inspiring Teacher

• At TRU, I was lucky to meet an amazing professor who inspired me to be a teacher like him one day. He made me want to help my future students like he helped me. I was struggling in a math course and this professor was the only professor I ever had who actually cared and reached out to me to try and help me. He took extra time out of his week to meet with me, made a connection with me, and never gave up on me and this inspired me to be this kind of teacher for my students one day. I hope to connect with my students, build relationships, build trust, and I want my students to know I truly care about them like my math professor cared about me.

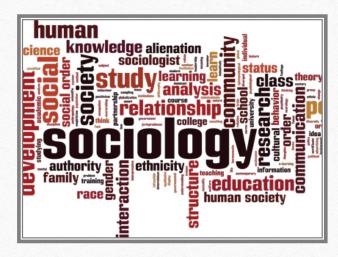




### 2018-2021 Sociology Classes

• I was raised in a community where certain common lived experiences were assumed and while attending TRU, my eyes were opened to my own privilege. After getting my result to the Myers-Briggs personality test, I decided to take sociology classes to learn more about people and society. The sociology classes I took caused me to realize that people are impacted differently and people learn in different ways. Sociology made me want to learn more about the different ways people learn, how people's backgrounds impact their lives, and how to support students with diverse learning needs.





#### 2019-2020 Teacher's Assistant

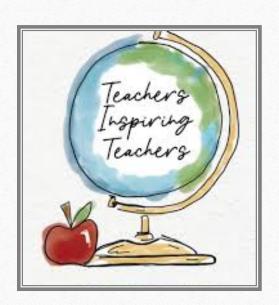
Picture of me in the grade 2/3 classroom!



• During the school year of 2019-2020, I was fortunate to have the opportunity to volunteer as a Teacher's Assistant in a grade 2/3 classroom. By this point in my life, I knew I wanted to become a teacher one day but my experiences in the classroom inspired me to want to learn more styles of teaching. When I was working with a student who found it difficult moving forward from auditory instructions, I brought in a white board as a visual. This experience caused me to learn new tools for teaching diverse students and gave me great fulfillment as I saw the students suddenly grasp a concept that had been difficult. This was an important time in my journey as it made me want to learn more ways to adapt to student's diverse learning needs as well as solidified that I was going down the right career path.



## 2019-2020 Inspiring Teacher





In addition to my personal experiences with the students while I was a Teacher's Assistant in the grade 2/3 classroom, the teacher I was volunteering for had a huge impact on the kind of teacher I hope to be one day. While being in her classroom, I got the opportunity to observe how she runs her classroom, her organizational skills, how her classroom was decorated, how she interacted with her students, and how she interacted with student's who had diverse learning needs. This teacher was organized, patient, caring, and engaging and I was fascinated by how well she ran her classroom. Watching her teach her class inspired me to work hard to become a teacher just like her.

### 2020-2021 Noon Hour Supervising

Picture of me and the other supervisors!



• During the school year of 2020-2021, I was fortunate to have the opportunity to work as a noon hour supervisor at Pacific Way Elementary School. Prior to working as a noon hour supervisor, I had a narrow mindset regarding what grade I wanted to teach in the future but this experience allowed me to work with every grade from Kindergarten to Grade 7 which made me become more open-minded and made me realize I would be thrilled to teach any grade in the future. Similar to my experiences in the classroom, my experiences as a noon hour supervisor also solidified that I was going down the right career path and additionally opened my mind to teaching other grades.

